



Library and Knowledge Services

Mental Health Current Articles Bulletin –January 2026

How to Obtain an Article

If you would like to request any articles included in this bulletin, or to be put onto the bulletin's distribution list, please contact Library and Knowledge Services at Grantham Hospital:

Tel: 01476 464321

email: ulth.library.grantham@nhs.net

If you would like to receive any of our other bulletins please sign up here:
<https://www.nhslincslibrary.uk/bulletin-request-form/>

If you require an in-depth search on a topic featured in this bulletin then please contact
ulth.clinical.librarian@nhs.net

Abuse/Violence/Bullying
The link between psychosis, negative affect and violence: a systematic review Almond M et al Aggression and Violent Behavior 86 (Jan) 102125
Development and validation of the polyvictimization invasiveness and exploitativeness scale Han X et al Child Abuse & Neglect 171 (Jan) 107815
Trauma, power and psychological safety: understanding the mental health impact of workplace bullying Walker J Healthcare 13 (2025) 3084
Causes of bullying among young people and protective mechanisms and preventative factors that promote mental health and well-being: young people's perspectives Hastbacka M et al International Journal of Qualitative Studies on Health & Well Being 20 (2025) 2524459
ADHD

<p>Behavioral outcomes after tDCS treatment during immediate post-intervention and follow-up periods in children and adolescents diagnosed with attention-deficit/hyperactivity disorder: a systematic review and meta-analysis on randomized sham-controlled trials</p> <p>Tung C et al Journal of Psychiatric Research 191 (Nov) 8-14</p>
<p>Is there an ideal exercise prescription? Network meta-analysis of the impact of exercise intervention on inhibitory control in children with ADHD</p> <p>Li, Hua et al Journal of Psychiatric Research 191 (Nov) 294-305</p>
<p>Silent struggles: ADHD and anxiety during campus isolation</p> <p>Bandari M et al Journal of American College Health 73 (10) 3733-3734</p>
<p>The social and emotional factors affecting the mental health of gifted students with ADHD: a systematic review</p> <p>McDonnell R et al Education Sciences 15 (12) 1671</p>
<p>Autism</p>
<p>Psychometric properties and screening accuracy of the Chinese version of the Autism Symptom Dimensions Questionnaire</p> <p>Cheng Y et al Asian Journal of Psychiatry 115 (Jan) 104790</p>
<p>Autism, bullying and mental health: a comprehensive systematic review</p> <p>Daghustani W et al Frontiers in Psychiatry 16 (2025) 1653663</p>
<p>Associations between negative social experiences and depressive symptoms in autistic sexual and gender minority youth</p> <p>Libster N et al JAACAP Open 3 (4) 1006-1015</p>
<p>Depression and anxiety are increased in autism and ADHD: evidence from a young adult community-based sample</p> <p>Capp S et al JCPP Advances 5 (4) e70003</p>
<p>Bridging research and practice: a pilot trial of an adapted social skills program for autism in public services</p> <p>Mairena M et al Frontiers in Psychiatry 16 (2025) 1610221</p>

Bereavement and Grief
<p>Psychosocial support interventions after perinatal loss: a network meta-analysis of RCT's indicates what works best for women's mental health? Huang W et al Worldviews on Evidence-Based Nursing 22 (6) 1-32</p>
<p>The pain and relief of grief: mental pain and mental pain acceptance associations with post-loss pathologies and growth among young widows and widowers Bahat-Yaacoby A et al Death Studies 49 (10) 1403-1415</p>
<p>Psychological risk factors associated with mental health outcomes among bereaved care partners: a meta-regression analysis of prospective studies Malhotra C et al JAMDA 26 (12) 105909</p>
<p>Terror-bereaves parents experiences of professional help and support: a qualitative analysis Fjaerestad A et al European Journal of Psychotraumatology 16 (1) 1-10</p>
Child and Adolescent Issues
<p>Prevalence and risk of psychiatric disorders in young people: prospective cohort study exploring the role of childhood trauma (the HUNT study): commentary Stangeland H et al BJPsych 228 (1) 83-84</p>
<p>Caregiver emotional support and adolescent trauma symptoms after sexual abuse: adolescent age matters Jouriles E et al Child Abuse & Neglect 171 (Jan) 107801</p>
<p>Trauma and girls Porche M et al Child & Adolescent Clinics of North America 35 (1) trauma and girls</p>
<p>The impacts of social media on adolescent girls Belfort E et al Child & Adolescent Clinics of North America 35 (1) 29-45</p>
<p>Ethics at the centre: a multidimensional model for formulating complex decision-making in infant and early childhood mental health Lim I et al Clinical Child Psychology & Psychiatry 31 (1) 140-149</p>

Complex trauma
<p>Complex trauma and perceived barriers to treatment among people accessing a supervised injecting facility Cheetham A et al European Journal of Psychotraumatology 16 (1) 2558241</p>
<p>Gender-specific effectiveness of dialectic-behavioral therapy for patients with complex post-traumatic stress disorder (DBT-PTSD) – results of an observational single center study Sagcan A et al European Journal of Psychotraumatology 16 (1) 2580210</p>
<p>Posttraumatic stress disorder interventions for children aged zero to six years: a scoping review Murphy S et al European Journal of Psychotraumatology 16 (1) 2553429</p>
<p>What evidence exists on the effectiveness of psychotherapy for trauma-related distress? A scoping review Shiel E et al Healthcare 13 (23) 3180</p>
Dementia and Alzheimer's Disease
<p>Assessment of Dementia Aarti Gupta BMJ Best Practice This can be accessed using this link: https://bestpractice.bmj.com/topics/en-gb/242</p>
<p>Evaluation of suspected dementia Kramer S et al American Family Physician 112 (6) 657-667</p>
<p>Mechanisms and impact of cognitive reserve in normal aging and Alzheimer's Disease Simfukwe C et al Diagnostics 17 (23) 3068</p>
<p>The use of virtual reality-remembrance interventions in older adults living with dementia or cognitive impairment: an integrative review Al-Smadi M et al Psychogeriatrics 26 (1) e70129</p>

Automated machine learning approach (AutoML) to Alzheimer's disease diagnosis and prognosis Guillen P et al Applied Artificial Intelligence 39 (1) 1-20
Depression/Depressive Disorders
When breath lifts your mood: Dynamic everyday links between breathing affect, and emotional regulation in remitted depression Minns S et al Journal of Affective Disorders 396 (Mar) 120686
The contributions of social functioning and emotion dysregulation to depression severity in patients with depressive disorders Snyder M et al Journal of Affective Disorders 392 (Jan) 120191
Characterising the spectrum of distress symptoms in midlife women with perimenopausal depression Nathan M et al Journal of Affective Disorders 392 (Jan) 120219
Predictors and session-specific effects of metacognitive training for depression (D-MCT) Luthgen J et al Psychiatry and Clinical Neurosciences 80 (1) 55-63
Disorders
Determining essential dimensions for the clinical approximation of personality disorder severity: multi-method study Kerber A et al BJPsych 228 (1) 46-54
Trichotillomania, skin picking disorder and pregnancy Grant J et al Comprehensive Psychiatry 144 (Jan) 152647
Exploring the interrelations of obsessions, compulsions and health: the mediating role of psychotic symptoms in individuals with obsessive-compulsive disorder Das M et al Journal of Psychiatric Research 191 (Nov) 47-53
Getting lucky: clinical characterization of compulsive sexual behavior compared with gambling disorder and intermittent explosive disorder Ethier A et al Journal of Psychiatric Research 191 (Nov) 162-176

Eating Disorders
<p>Addressing disparities in eating disorders: underfunding, research gaps and clinical training deficiencies among males and men Eshraan Prashar, K BJPsych 228 (1) 4-6</p>
<p>Brief group cognitive-behavioral therapy for non-underweight eating disorders: feasibility and preliminary effectiveness Bluff J et al International Journal of Eating Disorders 59 (1) 146-155</p>
<p>Supporting individuals on eating disorder waitlists through app-based motivational interviewing: a qualitative evaluation of a program-led pilot intervention Halicki-Asakawa A et al International Journal of Eating Disorders 59 (1) 111-121</p>
Forensic Psychiatry/Psychology
<p>Is justice served by reliance on ICD and DSM classifications of mental disorder in medico-legal reporting? Rix K BJPsych Advances 32 (1) 33-54</p>
<p>DSM and ICD classifications in medico-legal reporting: misperceptions, misunderstandings and misuse Rix K BJPsych Advances 32 (1) 44-56</p>
<p>Epilepsy in the context of forensic psychiatry: the relationship between epilepsy, violence and criminal responsibility Demir B et al Seizure 133 (Dec) 1-7</p>
<p>Factors associated with violent offenders with mental illness in forensic psychiatric evaluations Lin C et al PlosOne 20 (Dec) e0336918</p>
Intellectual / Learning Disabilities
<p>Digital pathways to family bonds: exploring WhatsApp video calls adoption by older adults with intellectual disability in out-of-home residence Shpigelman C et al JARID 39 (1) e70173</p>

<p>The language of change among individuals with mild intellectual disability or borderline intellectual functioning: client responses to therapist motivational interviewing skills Lotte C et al JARID 39 (1) e70169</p>
<p>A national virtual education program to promote the brain health of aging adults with intellectual and developmental disabilities Thakur A et al Alzheimer's & Dementia 21 (Supp 4) 1-2</p>
<p>Effectiveness of social-emotional learning program on psychological distress and dysregulation in students with specific learning disorders Nemati S et al BMC Psychology 13 (1) 1386</p>
<p>From hidden insights to better understanding: physicians' perspectives on caregivers' tacit knowledge Huisman S et al Healthcare 14 (1) 25</p>
<p>LGBTQ+</p>
<p>Gender identity invalidation and suicide risk among trans and nonbinary individuals Johnson K et al Journal of Affective Disorders 396 (Mar) 120790</p>
<p>Relationship between early maladaptive schemas (EMSs), adverse childhood experiences and mental health in adulthood among transgender individuals Fasel M et al European Journal of Psychotraumatology 16 (1) 249031</p>
<p>Minority stress, discrimination and health outcomes among LGBTQ+ older adults dementia caregivers Lampe N et al American Journal of Alzheimer's Disease & Other Dementias 40 (Dec) 1-15</p>
<p>Miscellaneous</p>
<p>Amalgamating artificial intelligence and neuropsychiatry: multimodal approach for precision diagnosis Tendulkar M and Tendulkar R Asian Journal of Psychiatry 115 (Jan) 104795</p>
<p>Gambling disorder in Dickensian fiction: the case of Little Nell's grandfather: Psychiatry in literature Rajagopal S</p>

BJPsych 228 (1) 80
Liaison between psychiatrists and police siege negotiation teams Kennedy H BJPsych Advances 32 (1) 17-27
Neurodivergence
A thematic analysis of the views of neurodivergent women with a personality diagnosis on clinical pathways within mental health services Graham R et al Discover Mental Health 5 (1) 1-19
Inclusion by design a-neuro-cognitive trait interaction approach-to neurodivergent research Dark J Methodological Innovations 18 (4) 253-263
Parity of esteem in neurodivergence Tuffrey C Developmental Medicine & Child Neurology 1 (2025) 70107
Psychopharmacology
Systematic review of the efficacy of pharmacological and non-pharmacological interventions for improving quality of life of people with dementia Luxton D et al BJPsych 228 (1) 55-67
Pharmacopsychology of prescribing: an introduction to the PoP model Tan V et al Mental Illness 2026 Article ID 3939110
Psychopharmacology treatment of schizoaffective disorder Osser D Psychiatry and Clinical Psychopharmacology 2025 epub psychopharmacology
Reconsidering ibogaine for the treatment of severe mental illness and substance use disorders Yockey R A Journal of Medicine, Surgery & Public Health 7 (2025) 100213
Schizophrenia

<p>Virtual reality assisted cognitive behavioral therapy improves theory of mind and decreases paranoia in patients with schizophrenia: a randomized controlled trial Monagheah W et al Journal of Behavior Therapy & Experimental Psychiatry 89 (Dec) 102055</p>
<p>Alteration of state-transition dynamics and its clinical significance in schizophrenia and bipolar disorder Shi L et al Journal of Affective Disorders 396 (Mar) 120856</p>
<p>Cannabis use and cardiometabolic risk in schizophrenia Paris J et al Schizophrenia Research 287 (Jan) 54-62</p>
<p>Deserved or underserved? Paranoia subtypes as predictors of internalized stigma in schizophrenia Arzu D et al Psychiatry and Clinical Psychopharmacology 2025 epub deserved or undeserved</p>
<p>Self-harm and Suicide</p>
<p>From pressure to peril: investigating the drivers of suicide planning and attempts in university students struggling with academic anxiety Gulzar H et al Behavioral Science 15 (12) 1721</p>
<p>The impact of attempted suicide on young adults: learning from the lived experiences of UK students in Further and Higher Education Smit J et al Healthcare 13 (24) 3222</p>
<p>Drowning as a method in complex suicides: forensic insights and a systematic review Shehata S et al Egyptian Journal of Forensic Sciences 16 (1) 1-12</p>
<p>The assessment of suicidality in psychiatric trials: a protocol for a scoping review Faltermeier P et al Systematic Reviews 15 (1) 26</p>
<p>Sleep health/Disorders</p>
<p>Let's kick that habit: an experiment of five habit-change strategies on habits and symptoms among adults with sleep problems Sarfani L et al Journal of Behavior Therapy & Experimental Psychiatry 89 (Dec) 102049</p>

<p>Tirepatide for Night Eating Syndrome (NES) and Sleep-Related Eating Disorder (SRED): a presentation of two cases Grayson K et al Sleep Epidemiology 6 (2026) 100128</p>
<p>Sleep in a bygone era <i>There is a haunting quality to this photograph taken by Alfred Eisenstaedt. It shows a classroom of children, with arms and heads laying on their desk during a rest break in the town of Nanty Glo, a coal mining town in Pennsylvania</i> Kryger M Sleep Health 11 (6) 763</p>
<p>A between- and within-group approach to examine sleep, discrimination and mental health among sexual-minority youth Gillis B et al Sleep Health 11 (6) 829-836</p>
<p>Substance abuse/Addiction</p>
<p>Anabolic-androgenic steroid use disorder: case for recognition as a substance use disorder with specific diagnostic criteria Scarth M et al BJPsych 228 (1) 68-72</p>
<p>Psychopathy dimensions and substance use: evidence from a non-institutionalized adult population El Frenn Y et al Frontiers in Psychiatry 2025 psychopathy</p>
<p>Adolescent cyberbullying and polysubstance use: unpacking sex differences Richardson M et al Scientific Reports 16 (1) 1-10</p>
<p>Methamphetamine use and psychiatric comorbidities among Egyptian adolescents: a cross-sectional study Elrassas H et al Middle East Psychiatry 32 (1) 31</p>
<p>Therapies/OT in mental health</p>
<p>Breathing and the brain: Pranayama, an ancient self-directed approach to neuromodulation Bhargav H et al Asian Journal of Psychiatry 115 (Jan) 104788</p>
<p>ChatGPT as therapy: a qualitative and network-based thematic profiling of shared experiences, attitudes and beliefs on Reddit</p>

<p>Collins A et al Journal of Psychiatric Research 191 (Nov) 277-284</p>
<p>The effect of personalized forest therapy programs on stress and obsessive-compulsive symptoms in patients with depression Gayeon K et al Frontiers in Public Health 13 (2026)) 1735731</p>
<p>Evaluating effectiveness and engagement strategies for asynchronous, messaging, trauma-focused therapy for posttraumatic stress disorder: study design and methodology for a hybrid effectiveness-implementation randomized controlled trial Dondanville K et al Contemporary Clinical Trials 160 (2026) 108149</p>
<p>Veterans and Mental Health</p>
<p>Underreporting in the military: perceived sensitivity of trauma-related and comorbid disorders among soldiers and civilian employees of the Austrian Armed Forces Prinz W et al European Journal of Psychotraumatology 16 (1) 2486903</p>
<p>Video games as a psychological method of rehabilitation for military personnel and veterans Savichan K et al Ukrainian Journal of Military Medicine 6 (4) 41-49</p>
<p>Effectiveness of surfing on psychological health in military members: a systematic review Gonzalez-Devesa D et al BMJ Military Health 171 (e1) e9-e13</p>
<p>Outcomes from a posttraumatic growth-oriented program among veterans: a quasi-experimental retrospective study Renner-Wilms S et al Journal of Affective Disorders 392 (2026) 120234</p>

Bulletin prepared by LPFT Library and Knowledge Services

Tel: 01476 464321

email: ulth.library.grantham@nhs.net

www.nhslincslibrary.uk